



**children's health
& wellbeing local**

Free support for children and their families



Free, expert guidance for complex cases

Do you have concerns about a child patient aged 0-11?



We're pleased to introduce **Secondary Consults**, a service for clinicians managing complex developmental, behavioural or mental health issues in children aged 0-11 from the Cardinia, Casey and Greater Dandenong local government areas.

About the service

Secondary Consults enable community clinicians (e.g. GPs, nurses, psychologists) to connect with a Monash Health psychiatrist or paediatrician to discuss concerns regarding development, behaviour or mental health for patients aged 0-11 years.

During the 10 to 30 minute consultation, you will have the opportunity to discuss the patient's case history and get expert insights and advice regarding diagnosis and treatment; medication and non-medication options; referral pathways; service options; as well as practical tips.

Consultations are provided by Monash Health clinicians from our new Children's Health and Wellbeing Local located at the Cranbourne Integrated Care Centre.

Two options are available for consultations:

- **De-identified consultation:** discussion that keeps the name and identity of the client private.
- **Identified consultation:** allows our team to identify the client, view their health record history and their placement on waiting lists. **GP's may be able to access reimbursement for their time for participating in a consult under the Medicare Benefits Schedule. See our website for details.**

Meet our team



**Dr Benjamin Hoadley,
Psychiatrist**

Dr Benjamin Hoadley is a child and adolescent psychiatrist, working across metropolitan and regional settings with community-based children's mental health and wellbeing services.



**Dr Victoria McKay,
Paediatrician**

Dr Victoria McKay is an experienced paediatrician. She has a special interest in developmental behavioural paediatrics and has worked extensively in GP-paediatrician co-consult models.

The benefits

- ✓ Connect with a paediatric expert.
- ✓ Gain valuable advice and insights.
- ✓ Grow your knowledge and confidence in managing complex cases.
- ✓ Obtain advice on the best referral pathways and available services.
- ✓ Explore the best options and outcomes for your patients.
- ✓ It's free and convenient, at a time that works for you and can be delivered via email, telephone or video call, so you don't need to leave your practice.
- ✓ Care remains with you as the treating clinician.
- ✓ There is no ongoing obligation, you can use the service as much or as little as you need.

Your feedback

At the end of the session, we will invite you to participate in an optional survey as part of service evaluation research being conducted with Monash University. Your feedback will help us understand how to continue to make this service as useful as possible for clinicians.

Book a Secondary Consultation

It takes around two minutes to book your consultation. Follow the link to book a time with either Benjamin or Victoria.



To book a time with Benjamin or Victoria scan the QR code or visit: <https://bit.ly/secondaryconsults>

Questions?



Email us at: childrenslocal.consults@monashhealth.org
or call us on 03 5990 6789.