



**children's health
& wellbeing local**

Free support for children and their families



Join COMPASS and be guided by our supportive, multidisciplinary child mental health community of practice

This is for you if you:

- ✓ see children with mental health, development, or behaviour concerns
- ✓ have experienced challenges in determining how to best assess or manage complex cases
- ✓ want expert tips on what to do while a child is waiting to be seen by a paediatrician or psychologist
- ✓ would value expert advice from a child and adolescent psychiatrist or paediatrician
- ✓ want to connect with like-minded clinicians from a range of disciplines.

How it works

COMPASS is a Child Mental Health Community of Practice developed to support health clinicians working with children experiencing mental health, development or behavioural issues.

Through a series of collaborative online sessions, we host case discussions led by child and adolescent psychiatrist, Dr Benjamin Hoadley, and paediatrician, Dr Victoria McKay from Monash Health's new Children's Health and Wellbeing Local. Each session focuses on a topic of interest.

The opportunity

We invite you to join COMPASS for monthly sessions held between April and July 2025.

This opportunity is available to primary healthcare clinicians working in Melbourne's southeast, such as GPs, nurses, psychologists and paediatricians. Priority access will be given to clinicians working in the Casey, Cardinia and Greater Dandenong local government areas.

Continuing Professional Development (CPD) points are available for participation. Participants will be required to complete an evaluation survey before and after the series, and a short feedback survey after each session.

How to join

To join our Child Mental Health Community of Practice, COMPASS, email us at childrenslocal.consults@monashhealth.org.

- Include the name of your clinic and your contact number.
- You will receive a confirmation email with a link to a baseline survey. Complete the survey and this will also confirm your registration.
- You will then receive an email with a Microsoft Teams link to attend the sessions.

Limited places are available so register now to avoid disappointment.

About COMPASS

COMPASS, the 'Connecting Mental Health Paediatric Specialists and Community Services' program, was developed by the Royal Children's Hospital and the North West Melbourne Primary Healthcare Network in 2021 to support and improve the capacity of clinicians assessing and managing mental health problems in children and adolescents. COMPASS is proudly delivered in collaboration with Monash University.

Topic	Dates (Tuesday, 11:30 am to 12:30 pm)
Developmental concerns (e.g. Autism)	1 April
School and learning concerns in primary school	6 May
Emotional regulation and challenging behaviours	3 June
Anxiety and mood	1 July