

Referrals to Community-based Services



Reason for Referral	Client Information	Service Requested
<p>Identify patient needs clearly</p> <p>Identify patient's main presenting problem</p> <p>Specify why you are referring your patient</p> <p>Specify what is needed to improve the problem</p> <p>How does the problem impact mobility, self-care, cognition, safety, pain?</p>	<p>Essential for:</p> <ul style="list-style-type: none"> • efficient referral processing • patient identification • Department of Health reporting <p>Missing information may impact the timeliness of referral being accepted and/or rejected</p>	<p>The subject line of referral email must specify name of service being referred to</p> <p>Clients > 65 (> 50 Aboriginal Torres Strait Islander) refer via My Aged Care Portal (MAC)</p> <p>My Aged Care service provider portal Australian Government Department of Health</p>

Community-based referrals can be submitted using the standard Adult Community Referral form.

[Click Here](#)

Internal Referral to Community-based Adult Services

Service Link	Service Description	How to Refer Your Patient
<p>Chronic Disease Services Adult Chronic Disease Services</p>	<ul style="list-style-type: none"> • Biopsychosocial Care • Chronic Heart Failure • Complex Conditions / Comorbidities • COPD/Asthma • Diabetes Education • Home-visits / Care Coordination 	<p>Email: icareaccess@monashhealth.org Subject Line: CDM</p> <p>Phone: 03 8572 5631 Referral Form: Click Here</p>
<p>Community Health – Adult Services Community Health Adult Services</p>	<p>Multidisciplinary services, ranging from health education to managing chronic conditions. Includes:</p> <p>Services include: Community Health Nurse, Counselling, Diabetes Education (over 18), Dietetics, Exercise Physiology, Occupational Therapy, Physiotherapy, Podiatry, Social Work, Speech Therapy.</p>	<p>Email: icareaccess@monashhealth.org Subject Line: Allied Health</p> <p>Phone: 03 8572 5631 Referral Form: Click Here</p>
<p>Hospital In the Home (HITH) Hospital in the Home</p>	<p>Alternative to bed based inpatient care for suitable people. Provides care in the patient's home, workplace or HITH clinic. Medical referral is required.</p>	<p>For details call 95946666: 18 and over: HITH Coordinator Under 18: Monash Children's at Home Clinical Coordinator.</p>
<p>Post-Acute Care (PAC) Post Acute Care</p>	<p>Provides short term services for eligible clients recently discharged from a public hospital.</p> <p>Services include: Home Care, Nursing, Personal Care, Physiotherapy and Shopping for clients who do not already have access to this support.</p>	<p>Email: icareaccess@monashhealth.org Subject Line: PAC</p> <p>Phone: 03 8572 5631 PAC Referral Form: Click Here</p>
<p>Rehabilitation Home & Centre-Based Adult Rehabilitation Services</p>	<p>Home and/or centre-based services.</p> <p>Goal-directed, time limited rehabilitation services.</p> <p>6-8 week programs except for complex clients.</p> <p>Includes: Cardiac, Pulmonary, Neurology, Elective Hip/Knee, Orthopaedic</p>	<p>Email: icareaccess@monashhealth.org Subject Line: Rehabilitation</p> <p>Phone: 03 8572 5631 Referral Form: Click Here</p>
<p>Residential In-Reach Residential In-Reach (RIR)</p>	<p>Non-admitted service with the aim of decreasing avoidable presentations to Emergency Departments (ED) from Residential Aged Care Facilities (RACF). Provides care, consultation, referral, education and support for clients and care providers in Residential Aged Care Facilities.</p>	<p>1300 4467 3224 24 hours per day.</p>
<p>Specialist Community Clinics</p>	<p>Cognitive Dementia & Memory Service (CDAMS) Continence Service Falls & Balance Clinic Movement Disorders Clinic Pain Management Service</p>	<p>Email: icareaccess@monashhealth.org Subject Line: Specialist Clinics Phone: 03 8572 5631 Referral Form: Click Here</p>

Referrals to Community-based Services



Internal Referrals to Community-based Paediatric Services

Service Link	Service Description	How to Refer Your Patient
Child & Family Services Child & Family Services	The Child and Family Team at Monash Health Community provides allied health services to children (from before birth to 18 years old), and support to vulnerable, socially isolated and at-risk children and their families.	Email: icareaccess@monashhealth.org Subject Line: Child Phone: 03 8572 5630 Press 4 Referral Form: Click Here
Healthy Mothers Healthy Babies (HMHB)	HMHB is an outreach Program for at-risk, vulnerable pregnant women who are experiencing challenges which are impacting their health and wellbeing and their ability to access pregnancy care. For more information Click Here	Email: icareaccess@monashhealth.org Phone: 03 8572 5631 Referral Form: Click Here

Priority Population Groups

Aboriginal Health Service	<ul style="list-style-type: none"> Aboriginal Hospital Liaison Officers Healthy Koori Kids Program Dental 	Aboriginal Hospital Liaison Officer referrals via EMR Email: aboriginalhealth@monashhealth.org Phone: 03 8572 5630 Press 6
Community Health Nurses in Multi-Disciplinary Centres	Supporting people impacted by sexual assault and/or family violence ensuring improved health outcomes and addressing barriers to access for people of all ages.	Email: MDC Dandenong chndandenongmdc@monashhealth.org MDC Seaford chmseafordmdc@monashhealth.org
Disability Liaison Service	<ul style="list-style-type: none"> Assessments and assessment support Healthcare coordination Specialist support for medical practitioners Vaccination access support 	Email: disabilityliaison@monashhealth.org Phone: 03 8572 5630 Press 7 Referral Form: Click here
Refugee Health and Wellbeing	Provides adult and paediatric specialist medical services for eligible patients including: counselling, GP, infectious diseases, nursing, and psychiatry.	RefugeeHealthNurseonTriage@monashhealth.org Phone: 03 8572 5630 Press 5 Referral Form: Click Here
Sexual and Reproductive Health Services Monash Health	Provides services relating to: blood borne viruses and sexually transmitted infections, bowel health, breast health, cervical screening testing, contraception fertility and hormonal concerns, general health assessments, Pathology onsite, pregnancy options and counselling and pregnancy testing.	MHC_SexualHealthClinic@monashhealth.org
South Eastern Centre Against Sexual Assault (SECASA)	Provides services relating to: <ul style="list-style-type: none"> Family violence Sexual Assault Support Therapeutic interventions and counselling Sexually Abusive Behaviour Treatment Service 	Phone Referral: 9928 8741
Youth Services Monash Health	Multidisciplinary programs for vulnerable and marginalised young people (aged 15 – 25 years) and their families. The team includes: Dietetics, Exercise Physiology, Music Therapy, Social Work, Speech Pathology (Communication skills), Youth Work. The team also offers health assessments and group programs to improve young people's health literacy.	youthtriage@monashhealth.org Subject Line: Youth Referral Form: Click Here For referral advice please call 0434 601 300.

More information about eligibility and priority criteria for referrals can be found on the Community-based Referrals webpage:

[Referrals for Community-based services | Monash Health](#)