



# Murrumbek Casey Early Parenting Centre



**The Murrumbek Casey Early Parenting Centre located in Clyde North is a free service for families with children aged three years and younger to enhance their relationships and achieve their parenting goals.**

### **What services are provided?**

A team of experienced nurses and midwives, maternal and child health nurses, social workers and play specialists will help families with:

- > sleep and settling
- > feeding support
- > strengthening bonds between child and parent
- > concerns about their child's behaviour
- > strengthening parenting skills.

The purpose-built centre features:

- > a day stay program
- > a four-night, residential program
- > shared kitchen and dining area
- > indoor and outdoor play areas
- > group teaching rooms.

### **How do I access the service?**


The service is provided by Monash Health. Families can self-refer, or be referred by their GP or Maternal and Child Health Nurse.

**Scan the QR code to access the referral form online.**



This document is intended for information purposes only and does not replace discussion or advice that your healthcare team gives you.

 **114 Newgrange Boulevard  
Clyde North**

 **03 7511 2800**  
Monday to Friday  
8:00am to 4:30pm



Reviewed January 2024  
Consumer Reviewed