



Kingston Community Rehabilitation Centre (Kingston CRC)

A wide range of rehabilitation services are provided for; neurological conditions such as stroke and head injury, musculoskeletal conditions such as amputation of limbs, arthritis and pain management, as well as cardiac and pulmonary rehabilitation, mobility impairment and other disabling impairment. Therapy is provided in a one to one and/or group program setting.

Musculoskeletal

This case load offered at Kingston CRC is general and very varied. It is primarily an outpatient adult rehabilitation multidisciplinary service with one to one and/ or group rehabilitation. Other programs conducted include Cardiac Rehabilitation, Aquatic Physiotherapy and Falls and Balance program.

Subject to availability a caseload in musculoskeletal clients will be offered. This placement will also comprise a combination of musculoskeletal and neurological clients. Falls and balance, strokes, progressive neurological, post-op orthopaedic and fractures are common conditions treated. Students can access new client referrals prior to initial assessment and will often have preparation time.

Client contact will be largely centre-based, with the possibility of home visits and an emphasis on functional, goal oriented community rehabilitation in an interdisciplinary setting. Bathing and appropriate footwear for aquatic physiotherapy will be required

All musculoskeletal students in the Southern Clinical-School are expected to revise all musculoskeletal lectures, and have pre-read and have access to Hoppenfield & Murthy, "Treatment and Rehabilitation of Fractures".

Cardiothoracic

The placement will involve community based cardiac rehabilitation.

Cardiac rehabilitation clients are typically post-operative (CABG, PCI etc.) or post cardiac event (MI). The pulmonary clients generally have a diagnosis of COPD. Students should be aware of common outcome measures used for these client groups (especially 6min walk and BORG scales) and common co morbidities and the potential impact of these on therapy (especially diabetes).

Please bring a stethoscope for this placement.