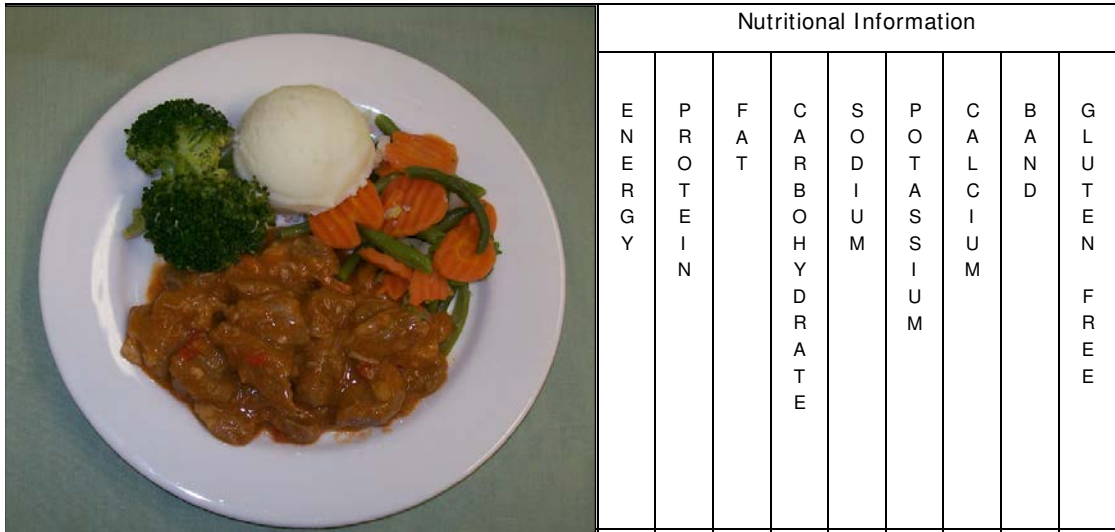


Monash Health CPK Menu

Menu Item: Sweet & Sour Pork

DAY: 15



Item	Production Code	Portion Size	Nutritional Information								
			kJ	g	g	g	mg	mg	mg		
Sweet & Sour Pork	6004	160g	1235	40.9	5.25	19.5	375	680	19	3	
Main Ingredients											
Pork											
Crushed Garlic											
Ginger											
Onion											
Carrot											
Celery											
Red & Green Capsicum											
Pineapple Pieces											
Brown Sugar											
Tomato Sauce											
Honey											
White Vinegar											
Maize Cornflour											
Tomato Paste											
Soy Sauce											
Pineapple Juice											
			1235	40.9	5.25	19.5	375	680	19	3	

COMMENT
Refer Attachment

Monash Health CPK Menu

Menu Item: Burmese Pork Curry
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DAY: 10
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PLACE PHOTO HERE			Nutritional Information								
			E N E R G Y	P R O T E I N	F A T	C A R B O H Y D R A T E	S O D I U M	P O T A S S I U M	C A L C I U M	B A N D	G L U T E N F R E E
Item	Production Code	Portion Size	kJ	g	g	g	mg	mg	mg		
Burmese Pork Curry	6012	160g	1155	44.5	6.23	10.2	363	493	16.3	2	
<i>Main Ingredients</i>											
Pork											
Onion											
Crushed Garlic											
Water											
Maize Cornflour											
White Pepper											
Spring Onion											
Coriander (fresh & ground)											
Ginger											
Tamarind Paste											
Thai Green Curry Paste											
Fish Sauce											
Brown Sugar											
Tumeric											
Potato											
			1155	44.5	6.23	10.2	363	493	16.3	2	

COMMENT
Refer Attachment

